

FIRSTCITYBANKER

First City National Bank of Austin

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Plan Your Year – Positively

1986 could be the "year of your dreams." This year will be exciting and rewarding only if you make it so. How do you accomplish this? By living each day with POSITIVE EXPECTANCY. What is POSITIVE EXPECTANCY? It is an attitude you must adopt and maintain. You must expect things to happen and your expectations must be positive.

To illustrate the positive – and negative – expectancy, Norman Vincent Peale tells the story of a group of people who, at the end of one year, decided to write their expectations for the coming year. Each person sealed his list of expectations in an envelope which would be opened and read aloud at the end of the following year.

At the end of the year, the envelopes were opened, the expectations of each had been fulfilled. The man who had written, "All I can expect is more of the old, miserable same," received during the next year exactly what he had expected. A woman who had listed ten worthy goals she wanted to achieve, found nine of the ten had been accomplished.

We can see from these examples that an attitude of positive thinking is crucial to accomplishment and personal success. Living with positive expectancy doesn't necessarily mean your life will be easy, free from disappointment, frustration, or difficulties. But positive thinking can help you plan great accomplishments and desire the coming year to be the very best you've ever had.



Moving Up . . .

John Scurlock, chairman of the board, and Jack A. Collins, president,

First City National Bank of Austin, have announced the following promotions:



Janet Waldeier



Bobbie Collins



Michelle Moheet



Karen Ponish

Janet Waldeier has been promoted to operations officer, Marketing/Business Development.

Bobbie Collins has been promoted to vice president, Marketing/Business Development.

Michelle Moheet has been promoted to communications systems officer, Telephone Communications.

Karen Ponish has been promoted to credit training officer, Credit Training.

Congratulations and good luck with
your new responsibilities.



Tidbits!

New Parents . . .

On November 20 **Juan Salinas** (Credit Operations) and his wife Sandra became proud parents of their first child, Sandra Krisel. Sandra weighed 6 lbs., 14½ oz., and was 20 inches long.

Terri Brown (Data Processing Administration) and her husband Dan named their new baby boy Ryan Elliott.

He was born on December 4, weighed 9 lbs., 10 oz., and was 21 inches long.

Beverly Allen (Real Estate) and her husband Lynn have a new daughter named Holly Jill. Holly was born on December 12, weighed 6 lbs., 14 oz., and was nineteen inches long.

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Fundamental RESOLUTIONS for '86

#1 — No one will ever get out of this world alive. Resolve, therefore, in the year to come to maintain a sense of values. Take care of yourself. Good health is everyone's major source of wealth. Without it, happiness is almost impossible.

#2 — Resolve to be cheerful and helpful. People will repay you in kind. Avoid angry, abrasive persons. They are generally vengeful. Avoid zealots. They are generally humorless.

#3 — Resolve to listen more and talk less. No one ever learns anything by talking.

#4 — Be chary of giving advice. Wise men don't need it, and fools won't heed it.

#5 — Resolve to love someone you didn't love last year. Love is the most enriching ingredient in life.

#6 — Resolve to be tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant of the weak and the wrong. Sometime in life you will have been all of these.

#7 — Do not equate money with success. There are many successful money-makers who are miserable failures as human beings. What counts most about success is how a man achieves it.

— Author Unknown



Cold Can Spoil Your Fun and Fitness Program

Walking is one of the best forms of exercise to keep your body fit. Even a 20-minute walk each day is beneficial. For short distances, wear ample clothing. Head protection and warm foot and hand wear is most important. For more strenuous winter exercises or sports, wear clothing that will keep you warm without becoming overheated. If overheating occurs, open your parka rather than removing your hat or gloves. In cold weather, avoid smoking

as it constricts blood vessels and brings on mental and physical fatigue. Also, avoid alcohol as it anaesthetizes your senses. When planning an excursion, make sure someone knows your route and time of return. Be aware of extreme weather forecasts.

**Courtesy of Industrial Accident Prevention Association; Toronto, Ontario.*

The Great Escape



Congratulations . . .

Candice Nitcholas was our December winner in the Great Escape program. Be sure and ask her where the destination will be.

Human Resources Update

EMPLOYEES IN THE NEWS

Fifteen Years

Gary Peese, senior vice president, Investments.

Ten Years

Sammy Kipple, item processing officer, Item Processing.
Ann Sanders, banking officer, Collateral Services.

Five Years

John Miller, vice president, Personal Trust.
Betty Dabbs, teller operations officer, Teller Services.
Frances Acosta, group leader, Retail Banking.
Lynn Reed, safekeeping/safe deposit clerk, Safekeeping/Safe Deposit.



Employee Referral Award Update

First City's Employee Referral Award Program has paid off for both the bank and those employees referring potential candidates for employment. Remember, you too could take home some extra cash through the program. Eligibility requirements are posted in the Human Resources Division and in the employee cafeteria. You may also contact Human Resources directly for details of the program.



Jack Collins congratulates **Carol Bevin**, Item Processing. She was awarded \$75 for a recent employee referral. Not pictured, **Bill Miles**, Teller Services, and **Linda Jacobs**, Data Processing. Both were awarded \$75 for referrals.

